

BOARD OF HEALTH MEETING
MINUTES
January 10, 2019 AT 12:00 pm

Present: Dr. Paul Amundson, Teresa Miller, Liz Wheeler, Dr. Bruce Vogt, David Meyer, Rose Moehring,

Absent: Chad Olson

Staff Present: Jill Franken, Alicia Collura, Sandy Frentz, Mary Michaels, Lisa Stensland

Guest: Scott Barlett

Call to order: The meeting was called to order at 12:05 pm by Teresa Miller.

A motion was made to approve the minutes from October 11, 2018 with grammatical correction, supported by Bruce, seconded by Rose. Motion carries.

New Business:

Board Member Changes:

The board welcomed Liz Wheeler and introduced everyone. Other changes will include Chad Olson will represent for the REMSA Board. The board also recognized Scott Bartlett for his service to the board for the last 6 years.

Chair and Vice Chair Positions:

Chair nomination- Teresa volunteered to serve as chair again.

A motion was made to accept Teresa Miller as chair was supported by Rose and seconded by Paul. Motion carries.

Teresa also nominated Rose to serve as vice-chair.

A motion was made to accept Rose Moehring as vice- chair was supported by Bruce and seconded by Paul.

Motion carries

Influenza Update:

The SD Department of Health is reporting that influenza activity is at a “regional” level across the state. Regional level of activity means: Outbreaks of influenza or increases in ILI and recent laboratory confirmed influenza in at least two but less than half the regions of the state with recent laboratory evidence of influenza in those regions. There has been 237 confirmed cases cumulative of influenza so far this season. Of the 237 confirmed cases 234 were influenza A and 3 were influenza B (we typically see influenza B at the end of the flu season). There has been a total of 38 influenza related hospitalizations so far this season with 1 influenza related death reported. At this point in the 2017-2018 season there were: 556 confirmed cases, 84 hospitalizations, 2 influenza related deaths and the season peaked week 3 of February. The percent of school absenteeism due to illness has not increased over the past several weeks and Sioux Falls school absenteeism remains consistent with previous school year rates.

Influenza activity in the United States remains slightly elevated, with widespread activity in 24 states, regional activity in 18 states, local activity in 6 states, and sporadic activity in 2 states, District of Columbia, Puerto Rico and the US Virgin Islands. Neighboring States have widespread activity in Nebraska, regional activity in North Dakota, Iowa, Wyoming and Montana and local activity in Minnesota.

It is NOT too late to vaccinate. It takes 10-14 days post vaccination to develop levels of antibody but a flu season is typically 13-16 weeks long (once flu is detected within a community) so we have several months of illness still ahead of us.

Live Well Report:

Healthy Place Project – This project is working with local restaurants to promote healthy choices and healthy environments. Bread & Circus Kitchen and Sanaa’s 8th Street Gourmet have been the pilot sites, and the Live Well team is planning to launch the project formally in March. Restaurants attaining 80% of the “healthy place” criteria points receive promotional materials to use at their locations.

Physical Activity Promotion – Work is completed on the \$10,000 Community Challenge Grant that Live Well Sioux Falls received from the national AARP organization. The project installed three new bike maintenance stations and 4 benches on the bike trail, as well as wheelchair charging stations at the Caille and Ronning Branch libraries. Live Well is also working with local walking and biking advocates on a project involving the South Dakota State University Landscape Architect program. SDSU students will visit Sioux Falls and Harrisburg in late January and early February to explore safe routes to walk and bike around Hawthorne and Lowell schools in Sioux Falls and Endeavor Elementary in Harrisburg. The students will complete assessments and make recommendations that will be presented to city and school officials.

Community Health Needs Assessment – This is the second collaborative CHNA effort with Avera and Sanford, which has again garnered national attention. We were featured in a publication by the National Academy of Medicine that focused on different CHNA collaborations around the country, and representatives from Live Well Sioux Falls and Avera participated in a national meeting in Washington, DC, in December. The team is currently working on the community health status report, which will be presented to both hospital boards by March, with the public release to follow in early April.

Priority Areas Identified:

- Access to Care: Affordable care, patient navigation, health literacy, availability/affordability of long-term care, transportation
- Behavioral Health and Substance Use: Access, cost and stigma related to mental health; prescription and other drug use; alcohol use and binge drinking
- Chronic Disease Prevention: Focus on social determinants of health (housing, transportation, jobs, etc.), as well as on prevention strategies (fruit/veggie consumption, physical activity, tobacco prevention, screenings, etc.)

Priority Strategies Will Likely Include:

- Development of the Triage Center
- Assist with community awareness campaign around behavioral health
- Pursue policy, system and environmental changes to maintain or increase percentage of people living at a healthy body weight
- To address social determinants of health, seek opportunities to actively support the One Sioux Falls vision that includes accessible housing, engaging people, health and safety, and workforce development.

Some key findings in the health report:

- Within the city limits, life expectancy can vary more than 14 years between one neighborhood and another, with the lowest (Cathedral/Pettigrew area) at 71.2 years and the highest (southeast SF) at 85.6 years.
- National data shows that six in ten adults in the US have a chronic disease and 4 in 10 adults have two or more. Sioux Falls residents responding to the CHNA survey are living with chronic conditions such as depression, high cholesterol, hypertension, asthma, arthritis, cancer, diabetes, or heart disease.
 - Blood Pressure – using new AHA guidelines released in 2017, nearly half of Sioux Falls adults would be classified as having high blood pressure (only 31% “normal”) – from the Live Well “Big Squeeze” screening effort
 - Obesity – Sioux Falls MSA saw an increase of 31% obese from the 2016 report to 37% obese in the current report.
 - Mental Health/Substance Use:
 - The resident survey showed that 37% of respondents reported a past diagnosis of depression
 - Suicide contacts to the Helpline Center increased from 2016 to 2017 (34%)
 - Alcohol and Substance Use: the binge drinking rate is 19.9% when looking at national data; however, residents self-reported a much higher number (38%) in the resident survey – that is 4+ drinks on one occasion for women and 5+ for men
 - Opioid overdose mortality rate: South Dakota rate is 6 deaths for 100,000; Minnehaha County is 7.5 per 100K population (national is 14.1 per 100K population)

Tobacco Use – Some good news the Sioux Falls MSA smoking rate in 2016 was 16.7%, and it is now at 15.5%. The concern now, however, is the number of young people vaping. Live Well is kicking off an anti-vaping social media campaign on Instagram supported by a grant from the SD Department of Health.

FCH Report:

The clinic serves over 13,000 patients every year. We have been notified that we have received our HRSA Competitive grant. The federal shutdown has not affected our funding at this point. Through this last grant application we have been able to expand our Mental Health services and expand our counseling services. We are looking to expand and collaborate with the schools and the clinic sites there. The transformation team continues its work in optimizing the care team model. The clinic staff will be doing a day and a half training on motivational interviewing and then the trainer will shadow and counsel team members to help improve outcomes.

The clinic is preparing to be fully staffed in 2019, with the addition of a new nurse practitioner Megan Moeding, who has experience with chronic diseases. We also have 6 applicants to interview for our next APP hire. We will also be fully staffed in the dental office with a new provider starting in March along with a new dental assistant. The Falls Community Health Governing board members conducted interviews with various patients in the waiting room.

REMSA Board Report:

Nothing at this time

FCH Board Report:

Nothing else at this time.

Executive Director's Report:

See below.

Public Input:

None at this time.

The next meeting of this Board will be April 11, 2019, unless the need to convene for any policy changes would arise in the interim.

With there being no more new business, a motion to adjourn was supported by Paul and seconded by Rose, Motion carried.

A handwritten signature in cursive script, appearing to read "Ken Stensland".

Jan 2019 Board of Health Director Update

Item	Updates
<p>Ambulance Service</p>	<ul style="list-style-type: none"> • Sioux Falls City Council adopted a six year contract extension for surface ambulance service with Patient Care/Paramedics Logistics. • This extends the current agreement in full until May 20, 2026. • A few key areas to note regarding Patient Care’s current performance include: <ul style="list-style-type: none"> ○ Well exceeding response time performance ○ Becoming CAAS accredited with a perfect score ○ Demonstrating quality performance and participating in system collaboration • EMS stakeholders across this community were in support of the full extension and included the Fire Chief, Police Chief, Metro Communications Director, EMS Medical Director, Minnehaha and Lincoln county emergency management, Sioux Falls Finance/purchasing, and our health systems- Sanford and Avera McKennan and the Heart Hospital.
<p>2019 Public Health Department Priorities*</p> 	<p>Priorities Include:</p> <ul style="list-style-type: none"> • Triage Center Pilot Implementation: <ul style="list-style-type: none"> ○ Project continues to determine a governance/oversight structure for the CTC, as well as develop operating agreements, facility requirements, financial/business plan ○ <i>One Sioux Falls Health BHAG</i>: Reduce emergency department utilization due to addiction and mental crisis by 25%, through ambulance diversion to the Triage Center. • Livable Cities Recognition: <ul style="list-style-type: none"> ○ <i>One Sioux Falls Health BHAG</i>: Sioux Falls will join AARP Network of Age-Friendly State/Communities by December 2019. • Employee Engagement: Health Department is one of three participating in a new engagement tool, Peakon, which will eventually roll out to all departments. • Accessible Housing: Alicia Collura is serving on a City team exploring strategies to create more accessible housing. • Transit Innovation: Through the Bloomberg Initiative, both Amy Richardson and Alicia Collura are members of a team tasked with innovating our public transportation system. <p>*Falls Community Health priorities for 2019 will be discussed and approved at the January FCH board meeting.</p>