

**BOARD OF HEALTH MEETING  
MINUTES  
May 26, 2020 AT 12:00 pm  
Clinic Conference Room**

**Present: Via Phone-Liz Wheeler, David Meyer, Teresa Miller, Ranae Vink, Jonathon Ott, Michael Pekas, Jo Pankonin,**

**Staff Present: Jill Franken, Alicia Collura, Lisa Stensland, Albert Schmidt**

Call to order: The meeting was called to order by Liz Wheeler with a vocal roll call at 12:05 pm. \_Y\_\_ Michael  
\_\_Y\_\_ David \_\_Y\_\_ Teresa \_\_Y\_\_ Jon \_\_Y\_\_ Jo \_\_Y\_\_ Ranae \_\_Y\_\_ Liz

A motion was made to approve the minutes from May 1, 2020 supported by Jon, seconded by Teresa. Motion carries. \_Y\_\_ Michael \_\_Y\_\_ David \_\_Y\_\_ Teresa \_\_Y\_\_ Jon \_\_Y\_\_ Jo \_\_Y\_\_ Ranae \_\_Y\_\_ Liz

**New Business:**

**A current situation update was given regarding COVID-19.**

A review of the current case data and hospitalization rate was reviewed. The rate of infection has declined and the hospitalization rate has remained steady or on the decline. The hospitalization rate has been the main driver for policy. Our trajectory is on the decline, but if it should increase we will review the policies at that time.

**Regulations Relating to COVID- 19**

Due to the current data, we want to present realigned regulations for the board's approval.

Section 1: Safe Practices. Residents of Sioux Falls should continue to practice good respiratory hygiene, cover coughs and sneezes with a tissue or use the inside of their elbow, wash hands often, disinfect surfaces frequently, avoid touching their face, and adhere to social distancing guidelines. Additionally, consistent with current CDC guidance, residents over the age of two who do not have trouble breathing should consider wearing cloth face masks when they are in public areas outside of their homes, such as, by way of example and not limitation, the grocery store or medical clinic. Such masks should not be used as a substitute for social distancing, which is vital for slowing down the spread of COVID-19.

Section 2: Vulnerable Populations. To help avoid contracting the virus that causes COVID-19, adults over the age of sixty-five (65) and people of any age who have serious underlying medical conditions, collectively referred to as "Vulnerable Individuals," should be especially diligent and cautious in their actions and behaviors.

A serious underlying medical condition may include chronic lung disease, severe respiratory disorder, moderate to severe asthma, serious heart or cardiac condition, immunosuppression, diabetes, liver disease, chronic kidney disease or someone undergoing dialysis, or other condition identified by one's medical provider.

Vulnerable Individuals should also take the following actions to reduce their risk of getting the disease COVID-19 as recommended by the CDC:

- Wash hands often;
- Take precautions every day to keep space between others (stay a minimum of 6 feet away, which is about two arm lengths);
- Keep away from people who are sick;

- Maintain an adequate supply of essential items;
- Clean and disinfect frequently touched services;
- Avoid all cruise travel and non-essential travel; and
- Call a health care professional with questions about underlying medical condition, COVID-19, or if you are sick.

Section 3: Health care. Residents of Sioux Falls should call ahead to health care providers if feeling sick.

- Residents should attend routine medical appointments, but should follow the guidance of their medical providers and always call ahead if feeling sick.
- Residents should continue to go to the pharmacy to pick up medications but should strive to use drive through or delivery services whenever possible.

Section 4: Mental and Emotional Health. Residents of Sioux Falls should be mindful of their mental health.

- Residents should engage in outdoor activity such as, by way of example and not limitation, walking, hiking, running, or biking, provided that individuals comply with social distancing and all other measures as advised by the CDC.
- Residents should be good neighbors to those around them and help others if able, keeping in mind that it remains critical to use safe practices as recommended by the CDC.
- Residents should support local businesses to the greatest extent possible while abiding by CDC guidelines and this Resolution.

Section 5: Businesses. Businesses should exercise good judgment and follow the recommendations of the CDC, State Department of Health, and other health experts to protect the health and safety of their employees and patrons, such as, by way of example and not limitation, protective barriers at points of sale, cloth face coverings for employees and patrons, physical distancing, and frequent cleaning of frequently touched surfaces. Licensed food establishments in particular may consider disposable or touchless menus, biodegradable serving ware and utensils, separating all parties by at least 6 (six) feet, and limiting self-service food and drink stations.

Section 6: The Regulations of this Board of Health dated March 12, 2020; March 17, 2020; March 26, 2020; April 15, 2020; and May 1, 2020 are hereby repealed.

Motion to Approve the Business regulations of the Board of Health pertaining to the novel Coronavirus (COVID-19) supported by Mike, seconded by Jon, \_\_Y\_\_ Michael \_\_N\_\_ David \_\_Y\_\_ Teresa \_\_Y\_\_ Jon \_\_Y\_\_ Jo \_\_Y\_\_ Ranae \_\_Y\_\_ Liz, motion carries.

Discussion:

Dave- Concerned that repealing the ordinance will give a false sense of security with a peak to follow in a few weeks.

Jon-Understands the concern but need to find balance.

Mike- we can write all the rules and regulations we want but people will follow as they can.

Public Input: None at this time.

There being no further business or further discussion, motion to adjourn supported by Jo and seconded by Jon, \_\_Y\_\_ Michael \_\_Y\_\_ David \_\_Y\_\_ Teresa \_\_Y\_\_ Jon \_\_Y\_\_ Jo \_\_Y\_\_ Ranae \_\_Y\_\_ Liz, motion carries.

